



Live SunSmart™

HIGH UV  
ZONE

COVER UP!

Check  
your local  
UV INDEX  
FORECAST



WEAR SUNSCREEN,  
LIP BALM,  
SUNGLASSES,  
UPF CLOTHING  
AND A HAT

For more information on how you, your friends  
and family can live safely with the sun,  
visit [livesunsmart.org](http://livesunsmart.org)

